

Journeys with Jill and friends

Hi, I'm Jill!

Come and join me on my retreat in the Algarve. We will nurture our body, soul and mind. I will be hosting you in my lovely childhood home in the stunning Algarve. What makes this retreat special? The people. I can personally vouch for every facilitator. They are experts in their field whom I've known for 10+ years and 20+ years. Apart from their exceptional knowledge, they are great communicators and fun people to be around!

9th - 12th October 2022. Algarve, Portugal

- Workshops on Astrology, Tarot and Re-Connecting with the Soul
- Daily Pilates and Yoga Practice
- Reiki Healing sessions
- Mandala painting, guided ritual by the firepit with Shaman
- Demonstration of healing flora of the Algarve
- Accommodation and meals included (vegetarian)
- Access to swimming pool, beach, Jacuzzi, local hikes
- On the last day, an optional day trip to Almendres Cromlech near the town of Évora, oldest stone circle in Europe.
- The retreat will have a max. of 8 participants. The cost is **€ 915 pp.**



Would you like to have more of a sense of what this is all about? Let's have an informal chat! Contact me on jillceline@gmail.com or 07909140828 to obtain the detailed programme and full information package



Jill Christiaens,
your host



Doug Buckingham,
Spiritual Worker



Alex Gonçalves,
Astrologer



Cátia Silva,
Spiritual Celebrant



Daniela Luz,
Yoga and Pilates Instructor



Lita Neves,
Tarot Therapist



José Nunes,
Reiki Therapist